

Safety First

Remember, you are working in a dangerous environment...

To protect yourself and others:

- Park all vehicles clear of roadway and watercourses
- Do not cross traveled areas of Interstate Freeways
- Stay off roadways
- Face oncoming traffic when working near roads
- Stop work in inclement weather
- Work only during daylight hours
- Bring plenty of water – avoid dehydration
- Avoid overexertion
- Wear sunscreen
- Wear light colored clothing
- Wear heavy gloves
- Wear a hat and long sleeve shirts
- Do not remove hazardous substances
- Avoid contact with noxious weeds
- Watch for rattlesnakes
- Do not pick up items on bridges or overpasses
- Stay well clear of any construction activities
- Wear shoes at all times
- Do not attempt to cross fast moving streams

Participants shall be at least 8 years old. Adult supervision must be provided for groups which include participants 15 years of age or younger at a ratio of one adult for every five children.

IN CASE OF EMERGENCY...

Every Group should have a first aid kit

Have a great time, but above all...

BE CAREFUL

Additional Resources